

Lipoprotein Composition

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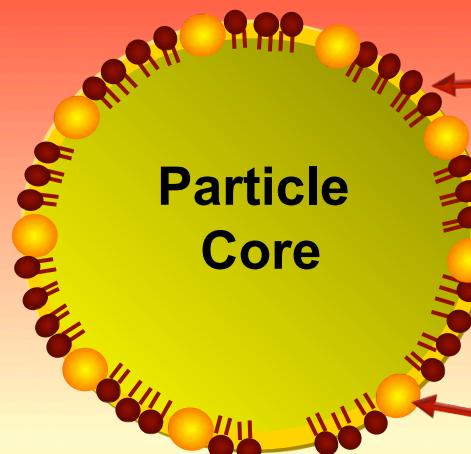
North American Menopause Society Certified Menopause Practitioner

Director: North Jersey Institute of Menopausal Lipidology
Wayne, New Jersey

Lipoprotein Surface Compositions

VLDL, IDL, LDL

Surface phospholipid



Particle
Surface

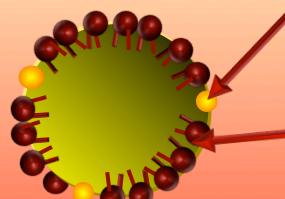


Fatty acid tail



Surface free (unesterified) cholesterol

HDL



Surface phospholipid



Phospholipids



Cholesterol

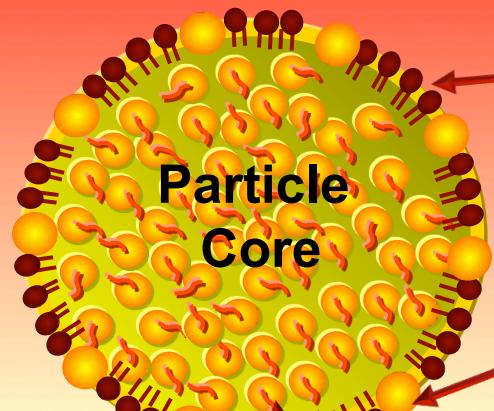


Triglyceride

Lipoprotein Core

VLDL, IDL, LDL

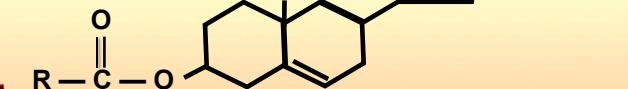
Surface phospholipid



Particle
Surface



Surface free cholesterol



HDL

Core cholesteryl ester (CE)

often cholesteryl oleate or palmitate

Phospholipids



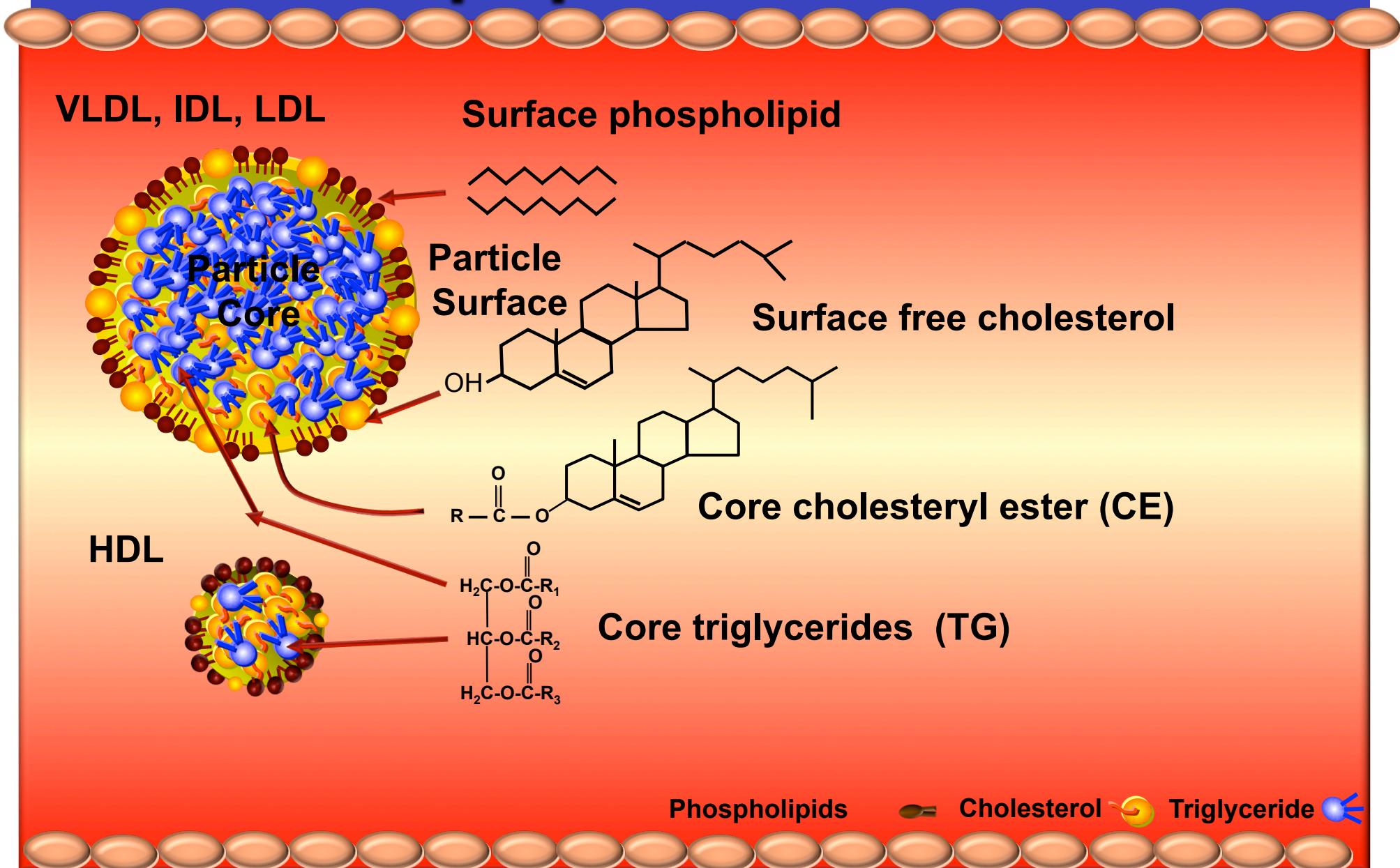
Cholesterol



Triglyceride

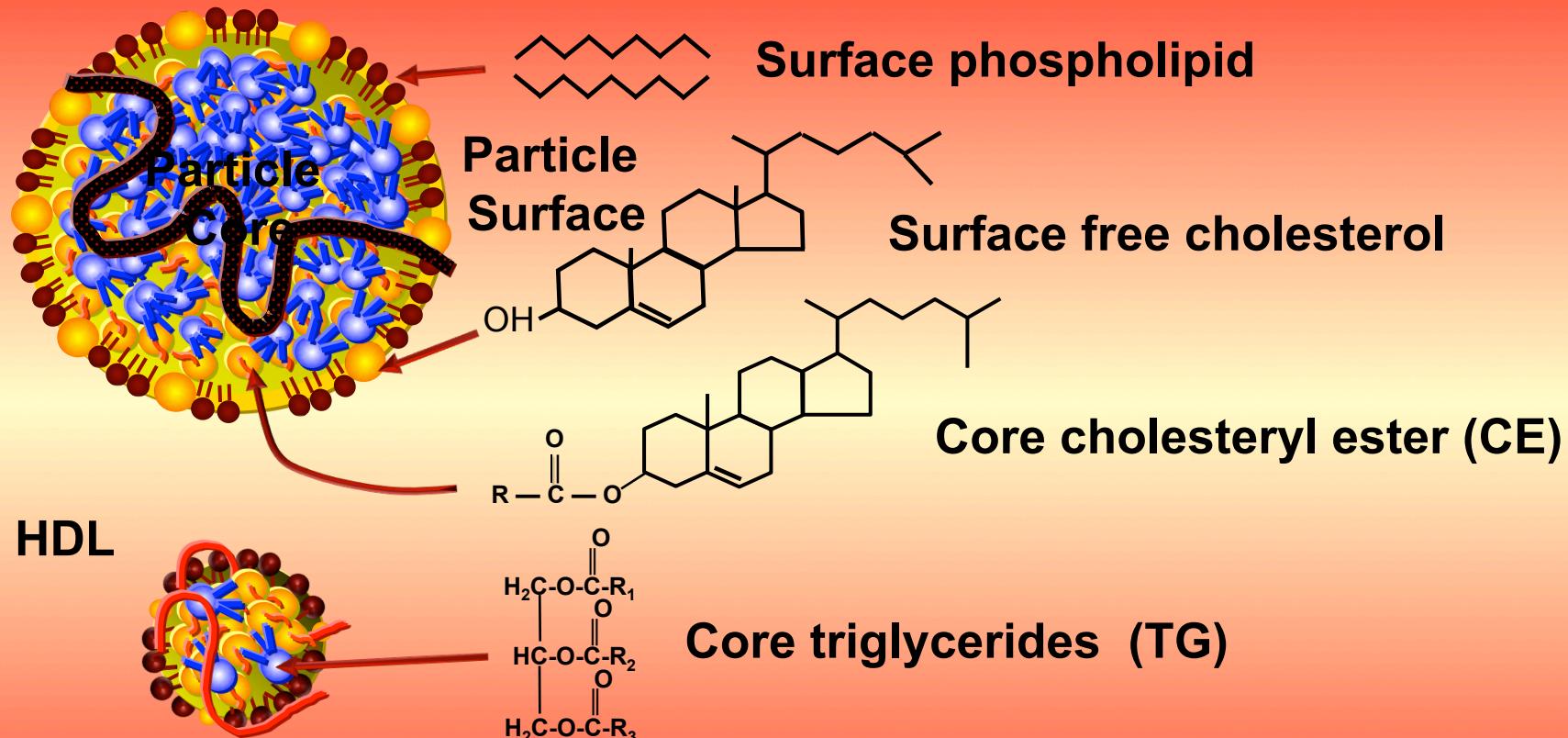


Lipoprotein Core



Lipoprotein Surface

VLDL, IDL, LDL Apolipoprotein B (one molecule)



Apolipoprotein A-I (two to four molecules)

Phospholipids



Cholesterol

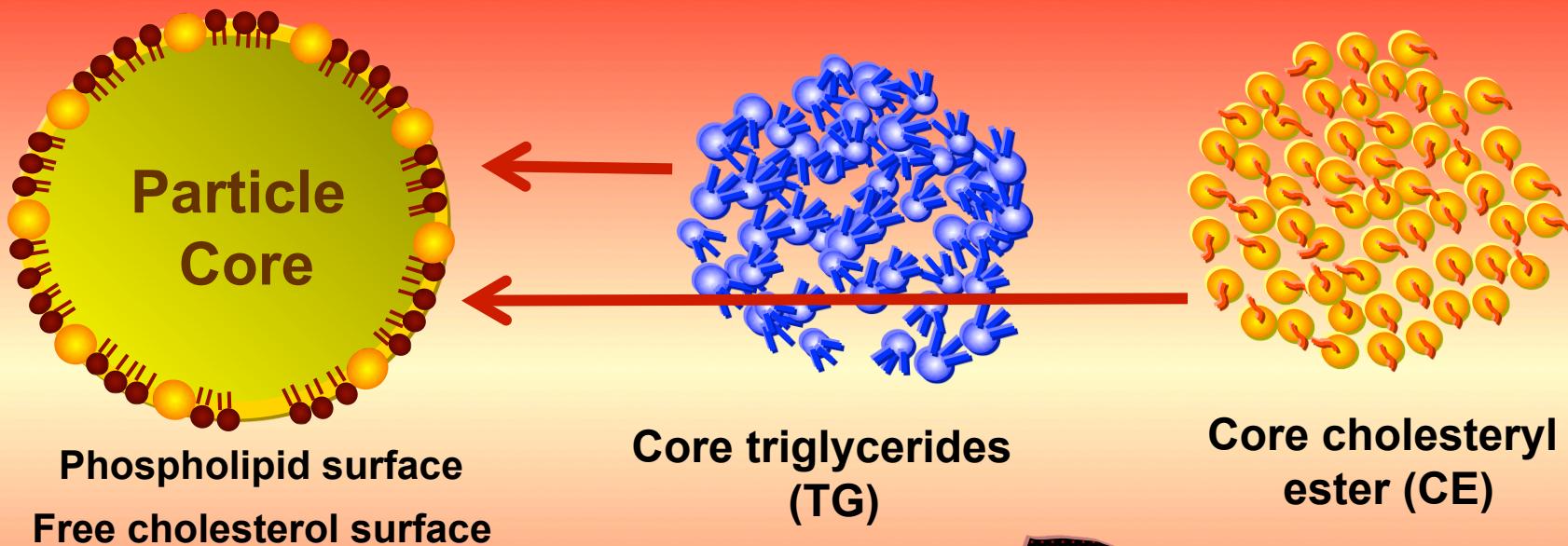


Triglyceride

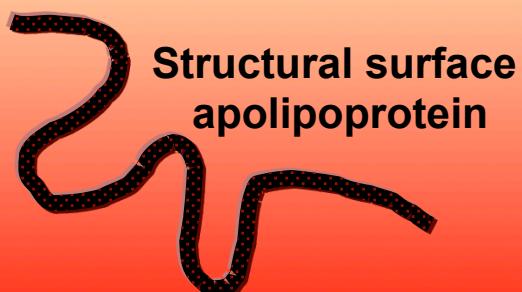


Lipoprotein Makeup

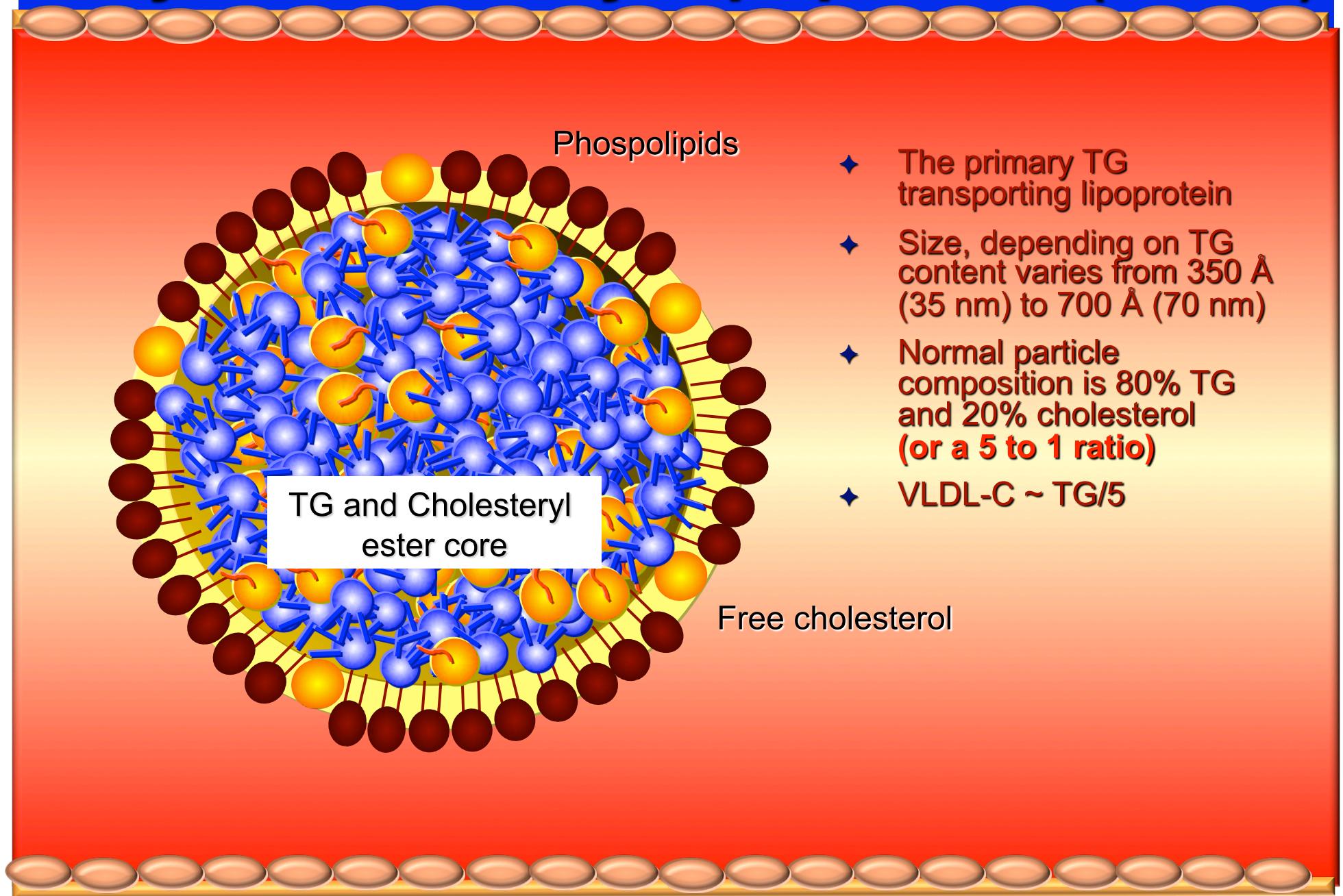
Apolipoprotein B (one molecule)



$$\text{Volume of the particle} = \frac{4}{3}\pi r^3 \quad r = \text{radius}$$

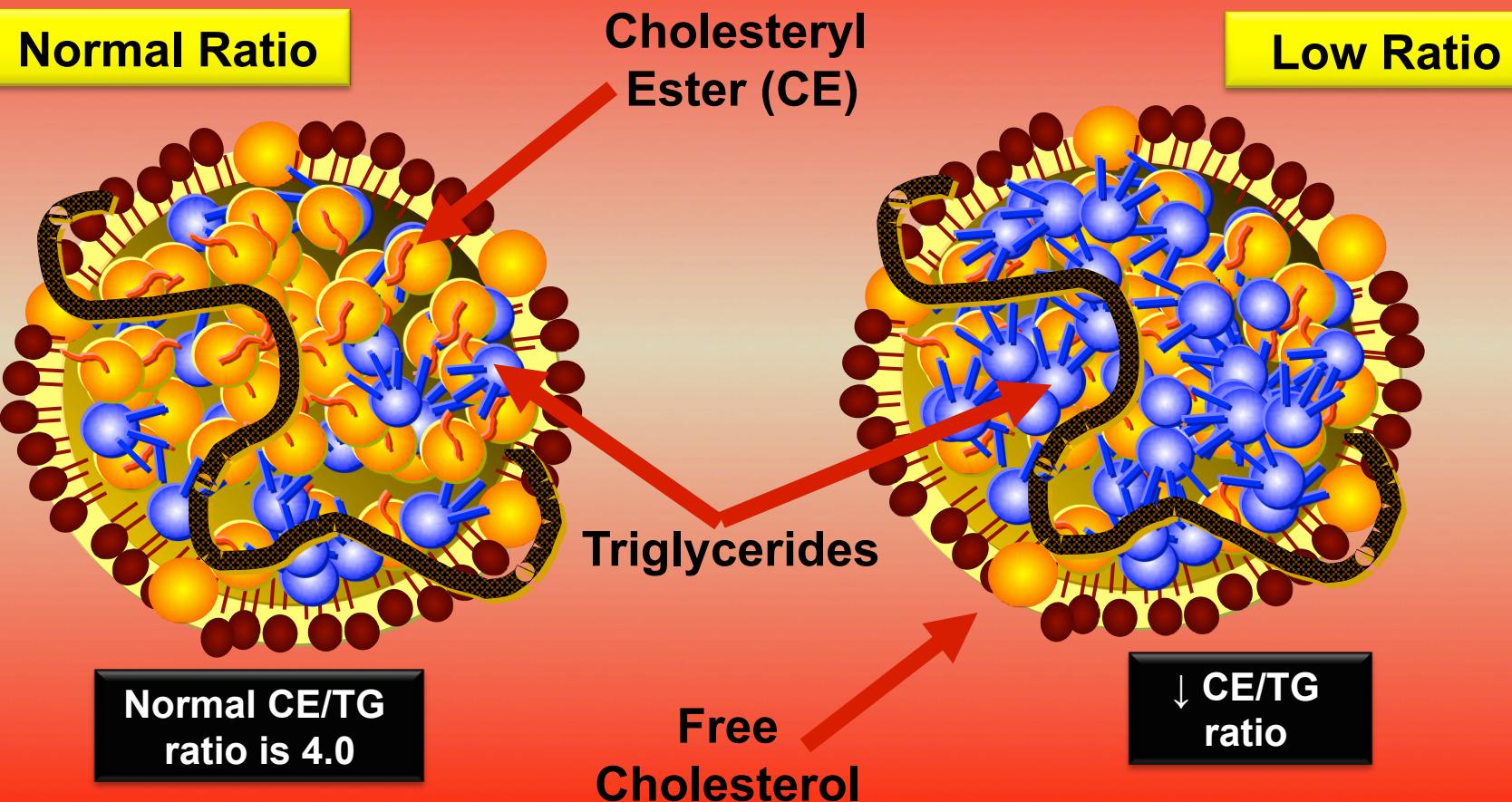


Very Low Density Lipoprotein (VLDL)



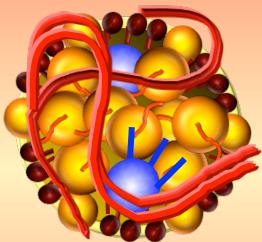
LDL Particle Composition

LDL Particle CE/TG composition differences



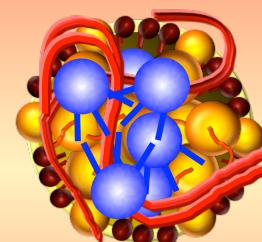
Effect of Triglycerides on High Density Lipoprotein Core Composition

TG-poor, Cholesterol-rich mature α -HDL



Normally composed HDL particle

TG-rich, cholesterol-poor mature α -HDL



Patients with TG-rich HDL particles have reduced HDL-C. Such HDLs also tend to be dysfunctional