

Understanding the NMR LipoProfile 2009 Report Form

Thomas Dayspring, MD, FACP, FNLA, NCMP

Clinical Assistant Professor of Medicine

University of Medicine and Dentistry of New Jersey,
New Jersey Medical School

Diplomate American Board of Clinical Lipidology

Fellow of the National Lipid Association

North American Menopause Society Certified Menopause Practitioner

North Jersey Institute of Menopausal Lipidology

Wayne, New Jersey

The LipoScience 2009 Report Form

▶ The NMR LipoProfile has been tested in samples from studies with outcome data from over 30,000 subjects in three major clinical studies.

1. Women's Health Study
2. Epic Norfolk: European Prospective Investigation into Cancer and Nutrition-Norfolk Study
3. VA-HIT: Veteran's Atherosclerosis HDL Intervention trial
4. Framingham Offspring Study (supplemental support)

▶ FDA clearance of the NMR LipoProfile test distinguishes LipoScience as the only CV testing laboratory to receive clearances for its laboratory-developed test. The NMR technology, testing procedure, and quality and accuracy of the test results generated prior to and subsequent to obtaining FDA clearance remains unchanged

The NMR LipoProfile® test may be covered by one or more issued or pending patents, including U.S. Patent Nos. 5,343,389; 6,518,069; 6,576,471; 6,653,140; and 7,243,030.
CLIA:34D0952253

Page 1 of 1

Patient Name

Patient ID Birth Date

Date Collected Date Received

NMR LipoProfile® test

LDL-P **1350** nmol/L (LDL Particle Number)

Lipids

LDL-C ******* mg/dL (calculated)

HDL-C **42** mg/dL (Desirable ≥ 40)

**** Test not ordered. ***LDL-C cannot be calculated.

Historical Reporting



The NMR LipoProfile® test may be covered by one or more issued or pending patents, including U.S. Patent Nos. 5,343,389; 6,518,069; 6,576,471; 6,653,140; and 7,243,030.
CLIA:34D0952253



LipoScience, Inc.
2500 Summer Boulevard
Raleigh, NC 27616
877-547-6837
www.liposcience.com

Page 1 of 1

Patient Name Sex Age

Patient ID Birth Date Accession Number

Date Collected Date Received Report Date and Time Requisition Number Fasting Status

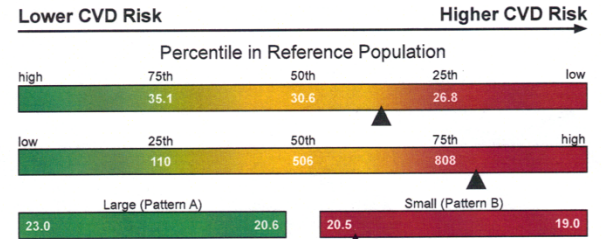
PARTICLE CONCENTRATION AND SIZE

LDL AND HDL PARTICLES

HDL-P (total) **28.1** μmol/L

SMALL LDL-P **830** nmol/L

LDL SIZE* **20.4** nm



*Small LDL-P and LDL Size are associated with CVD risk, but not after LDL-P is taken into account.

LIPOPROTEIN MARKERS ASSOCIATED WITH INSULIN RESISTANCE^{1,2}

LARGE VLDL-P **8.2** nmol/L

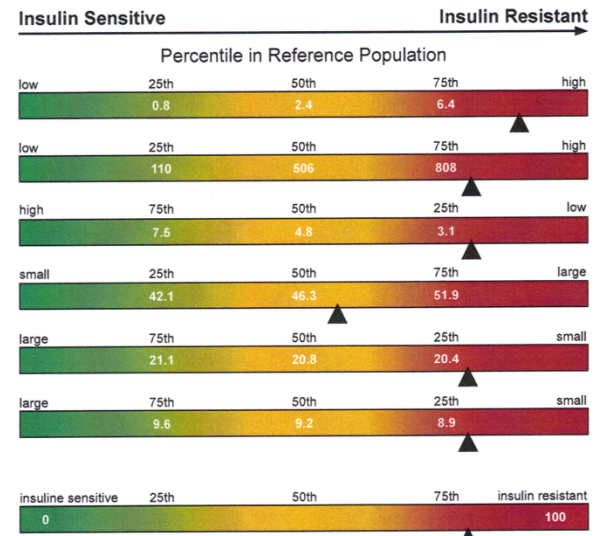
SMALL LDL-P **830** nmol/L

LARGE HDL-P **2.7** μmol/L

VLDL SIZE **50.4** nm

LDL SIZE **20.2** nm

HDL SIZE **8.7** nm



**The LP-IR Score combines the information from the 6 lipoprotein markers to give improved prediction of insulin resistance.

These laboratory assays, validated by LipoScience, have not been cleared by the US Food and Drug Administration. The clinical utility of these laboratory values has not been fully established.

1. Reference population comprises 5,362 men and women in the Multi-Ethnic Study of Atherosclerosis (MESA). Mora et al.

1. Garvey WT, et al. *Diabetes*. 2003;53:453-462.
2. Goff DC, et al. *Metabolism*. 2005;54:264-270.

Demographic Report

The NMR LipoProfile® test may be covered by one or more issued or pending patents, including U.S. Patent Nos. 5,343,389; 6,518,069, 6,576, 471; 6,653,140; and 7,243,030

CLIA:34D0952253



LipoScience, Inc.
2500 Sumner Boulevard
Raleigh, NC 27616
www.liposcience.com

Page 1 of 1

Clinician

Patient Name	Sex	Age

Patient ID	Birth Date	Accession Number

Client Name and Address

Client Name	Client #/Route #
Address 1	
Address 2	
City, State	Zip
Phone	Fax

Date Collected	Date Received	Report Date and Time	Requisition Number	Fasting Status

www.liposcience.com

The NMR LipoProfile Test Form

▶ Provides a direct measure of the **total number of low density lipoprotein particles** (LDL-P). Results can be used with other lipid measurements and clinical evaluation to aid in the management of lipoprotein disorders associated with CVD

▶ This section of the report also includes information in a traditional lipid panel

▶ There is also a new historical reporting section that shows up to three prior results for each patient.

NMR LipoProfile® test

		Reference Range ¹				
		Percentile ¹	20th	50th	80th	95th
	nmol/L	Low	Moderate	Borderline-High	High	Very High
LDL-P (LDL Particle Number)	1350	<1000	1000-1299	1300-1599	1600-2000	>2000

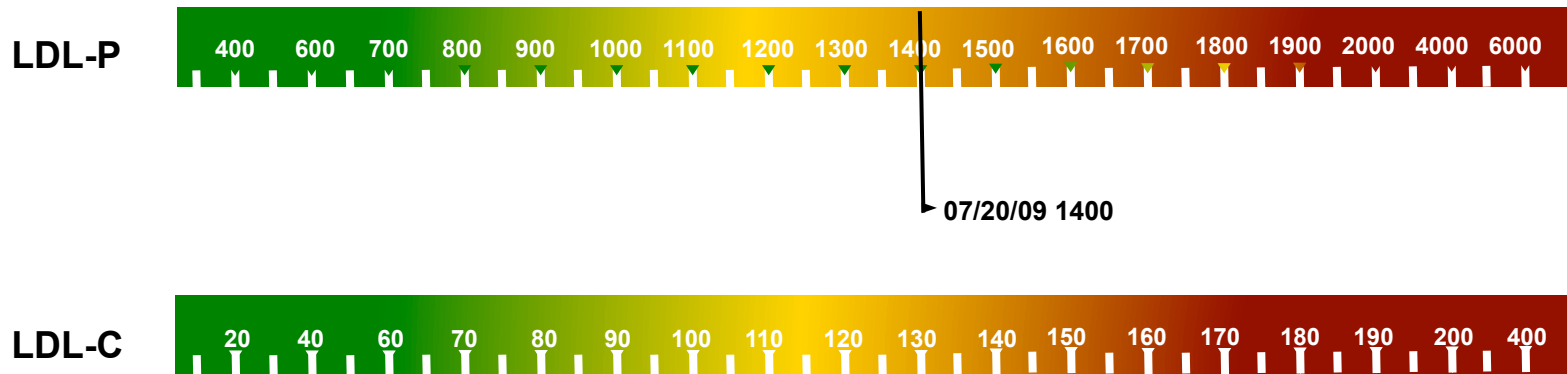
Lipids

		Optimal	Near or above optimal	Borderline-High	High	Very High
LDL-C (calculated)	mg/dL ***	<100	100-129	130-159	160-200	>200
HDL-C	mg/dL 42	Desirable ≥ 40				
Triglycerides	mg/dL 410	Desirable < 150				
Total Cholesterol	mg/dL 185	Desirable < 150				

**** Test not ordered

*** LDL-C cannot be calculated if triglycerides are > 400. LDL-C will be inaccurate if patient is nonfasting

Historical Reporting



1. Reference population comprises 5,362 men and women not on lipid medication enrolled in the Multi-Ethnic Study of Atherosclerosis (MESA). More et al. Atherosclerosis 2007

LDL-P and Lipid Panel Report

NMR LipoProfile® test		Reference Range ¹				
		Percentile ¹	20th	50th	80th	95th
		Low	Moderate	Borderline-High	High	Very High
LDL-P (LDL Particle Number)	nmol/L 1350	<1000	1000-1299	1300-1599	1600-2000	>2000
Lipids						
LDL-C (calculated)	mg/dL ***	Optimal <100	Near or above optimal 100-129	Borderline-High 130-159	High 160-200	Very High >200
HDL-C	mg/dL 42 Desirable ≥ 40	Triglycerides		mg/dL 410 Desirable < 150	Total Cholesterol	
					mg/dL 185 Desirable < 150	
**** Test not ordered		*** LDL-C cannot be calculated if triglycerides are > 400. LDL-C will be inaccurate if patient is nonfasting				

LDL-P refers to the **total number** of LDL particles per liter (nmol/L)

TG and HDL-C are standard assays and not NMR derived

The LDL-C is calculated using the Friedewald formula:

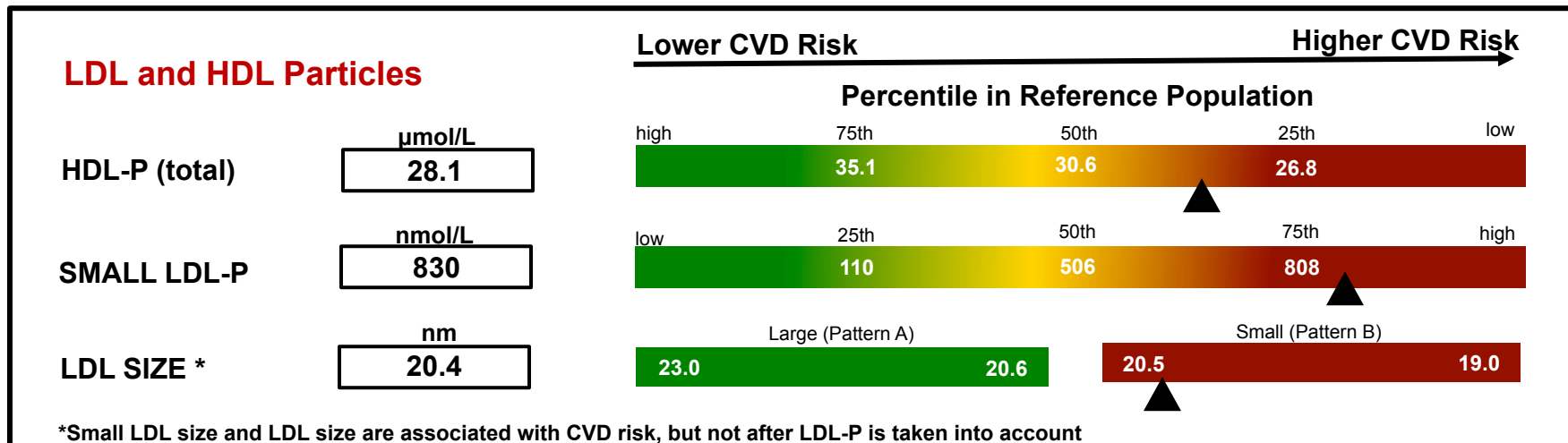
$$\text{LDL-C} = \text{TC} - [\text{HDL-C} + \text{VLDL-C}] \text{ where } \text{VLDL-C} = \text{TG}/5$$

LDL and HDL Particles

- ▶ This section of the report includes the total number of HDL particles (HDL-P), the number of small LDL particles, and LDL size. A relative estimate of CVD risk is indicated by an arrow on the scale to the right of each result.
- ▶ HDL-P is **the total number of HDL particles**. HDL-P has been shown to be more strongly related to atherosclerosis and future CVD than HDL-C.
- ▶ Many physicians use small LDL-P and LDL size to guide therapy. **Small LDL-P and LDL size are not independent predictors of CVD risk.**

Particle Concentration and Size

Particle Concentration and Size



The particle concentration and size is now provided on a separate report. In addition to small LDL-P (nmol/L) and LDL size (nm), total HDL-P is reported ($\mu\text{mol/L}$).

Lipoprotein Markers Associated with Insulin Resistance

▶ This section includes the six lipoprotein markers associated with insulin resistance and type 2 diabetes risk, and are included in the calculation for the **LP-IR score**.

- ▶ Large VLDL-P
- ▶ Small LDL-P
- ▶ Large HDL-P
- ▶ VLDL size
- ▶ LDL size
- ▶ HDL size

The **Lipoprotein Insulin Resistance Score (LP-IR)** assesses the patient's insulin resistance level and T2DM risk.

This score (0-100) is derived using the results from the six lipoprotein markers listed. Therapeutic lifestyle changes may reduce the score.

This test is not FDA cleared and needs to be ordered separately

LIPOPROTEIN MARKERS ASSOCIATED WITH INSULIN RESISTANCE^{1,2}

LARGE VLDL-P nmol/L
8.2

SMALL LDL-P nmol/L
830

LARGE LDL-P μmol/L
2.7

VLDL SIZE nm
50.4

LDL SIZE nm
20.2

HDL SIZE nm
8.7

INSULIN RESISTANCE SCORE

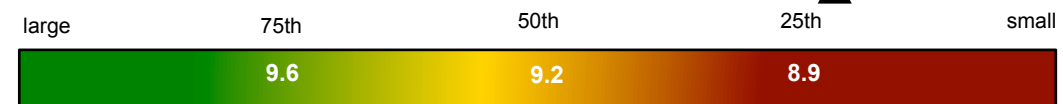
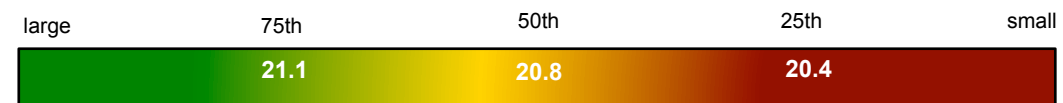
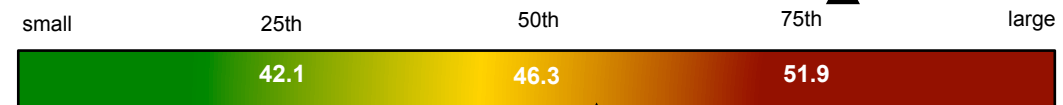
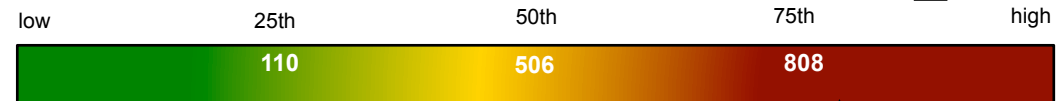
LP-IR SCORE** 0-100
84

Insulin Sensitive

Insulin Resistant



Percentile in Reference Population



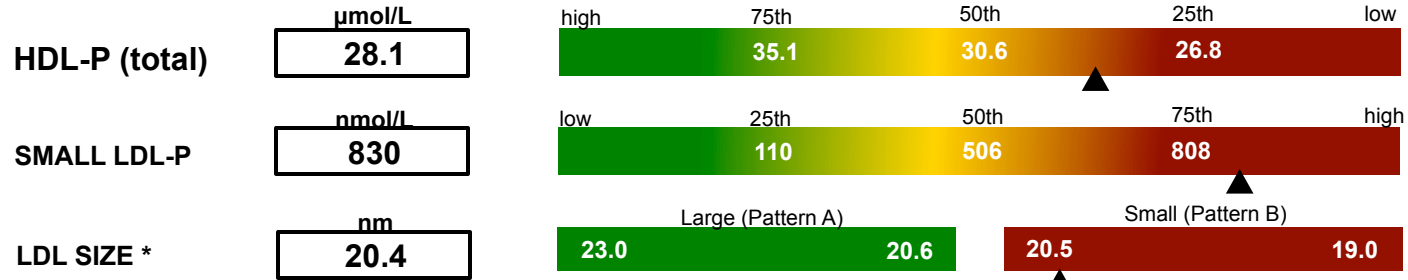
** The LP-IR SCORE combines the information from the 6 lipoprotein markers to give improved prediction of insulin resistance**

These laboratory assays validated by LipoScience have not been cleared by the US Food and Drug Administration. The clinical utility of these laboratory values has not been fully established.

1. Garvey WT et al. Diabetes 2003;532:453-462
 2. Goff DC. et al. Metabolism. 2005;54:264-270

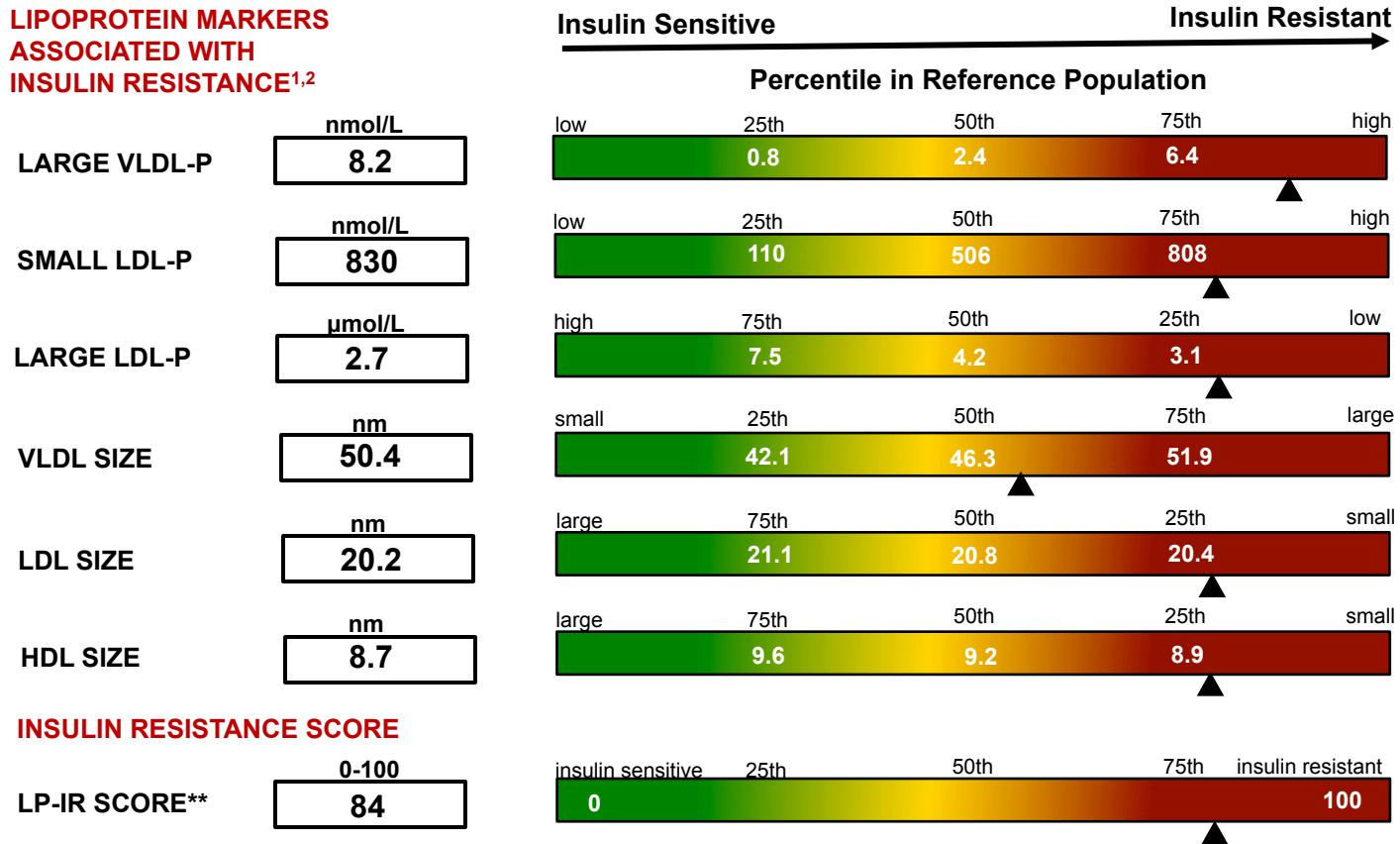
Particle Concentration and Size

LDL and HDL Particles

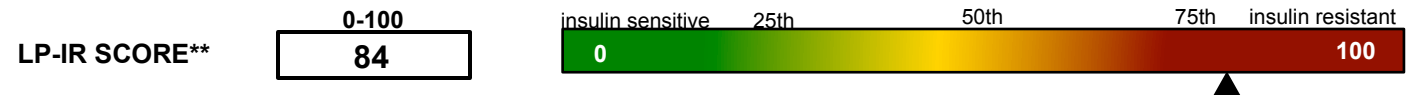


*Small LDL size and LDL size are associated with CVD risk, but not after LDL-P is taken into account

LIPOPROTEIN MARKERS ASSOCIATED WITH INSULIN RESISTANCE^{1,2}



INSULIN RESISTANCE SCORE



** The LP-IR SCORE combines the information from the 6 lipoprotein markers to give improved prediction of insulin resistance**