

CURRICULUM VITAE

- 1. Name:** Thomas Dayspring M.D., F.A.C.P.
- 2. Home Address:** Pompton Lakes, New Jersey 07442
- 3. Office Address:** 516 Hamburg Turnpike
Wayne, N.J. 07470
973-790-8604
- 4. Education:** Rutgers University Newark College of Arts and Science
Degree: A.B.
Major: Zoology, Botany Minor: Chemistry
Graduated May 29, 1968
- College of Medicine of New Jersey
Newark, New Jersey
Degree: M.D.
Graduated June 3, 1972
- 5. Post Doctoral Training:** Internship: Straight Medicine
St. Joseph's Hospital Regional Medical Center
703 Main Street, Paterson, NJ
July 1, 1972 - June 30, 1973
- Residency in Internal Medicine
St. Joseph's Hospital & Medical Center
703 Main Street, Paterson, NJ
July 1, 1973 - June 30, 1975
- 6. Military Service:** None
- 7. Licensure:** State of New Jersey
License # _____ June 13, 1973 till present
- 8. Certifications:** Diplomate American Board of Internal Medicine
Date of Certification June 18, 1975
- North American Menopause Society Certified
Menopause Practitioner Date of Certification
December 18, 2000, recertified 2004, and 2009
- Fellow of the American College of Physicians (FACP)
Date of Fellowship July 1, 2004

Diplomate American Board of Clinical Lipidology
Date of Certification: December 1, 2005

Fellow of the National Lipid Association
Date of Fellowship May 1, 2009

9. Narcotics Certification: New Jersey Department of Health
CDS _____
Is active

US Department of Justice DEA
Registration # _____
Is active

10. University Appointments: University of Medicine & Dentistry of New Jersey
New Jersey Medical School, Newark, NJ

Clinical Instructor in Medicine
September 15, 1978 to June 30, 2004

Clinical Assistant Professor of Medicine
July 1, 2004 to present

11. Hospital Appointments:

Attending in Medicine Active Status Full A Privileges
St. Joseph's Wayne Hospital
220 Hamburg Turnpike
Wayne, NJ 07470
June 30 1975 to present

St. Joseph's Regional Medical Center
703 Main Street
Paterson, NJ 07503
Attending Staff: Medicine July 1, 1975 to Dec 31, 1998
Courtesy Staff Internal Medicine January 1, 1999 to
present

12. Other Professional Positions

None

Visiting Appointments:

None

13. Awards and Honors:

Distinguished Service Award (25 years of service)
St.. Joseph's Hospital and Medical Center
March 3, 2000

14. Membership on Boards:

Passaic County Historical Society,
Lambert Castle, Valley Road, Paterson New Jersey
Board of Trustees 1983 - 1992
Secretary 1984 - 1988, Vice President 1988 -
1989, President 1989 - 1992
Northeast Lipid Association January 29, 2005 – present
Editorial Board Journal of Clinical Lipidology
November 2006 - present

15. Major Teaching Experience:

Lectures > 700 CME lectures: Listings available
Have lectured in all fifty of the United States
National Lipid Association Annual Scientific
Sessions: HDL Function and Biology April 2006:
NLA Masters of Lipidology Course: Lipoprotein
Metabolism and Genetic Disorders of Lipoproteins
August 2006
NLA Masters of Lipidology Course: Translational Lipid
Biochemistry August 2008
NLA Masters of Lipidology Course: Translational Lipid
Biochemistry February 2009
Japan Diabetes Society Use of ezetimibe in diabetic
dyslipidemia May 2009

Research Training None

16. Principal Clinical Service Responsibilities:

None

17. Major Committee Assignments:

International Expert Faculty Panel on FIELD Paris, France
December 2005
National Professional Education Committee, North American
Menopause Society 2004-2005
Northeast Lipid Association Program Advisory Panel
January 2005
National Lipid Association Masters of Lipidology Course
Faculty June 2006 to present

	North American Menopause Society NAMS Award Committee 2007
Medical School	None
Hospital	None
Department	None
Editorial Boards	InforMed Women's Health Newsletter: Medical Advisory Board January 2000 - December 2001 Journal of Clinical Lipidology 2007 - present
Ad Hoc Reviewer	Menopause: Journal of the North American Menopause Society July 2001 – present Journal of Clinical Lipidology 2007 - present BioCritique CME Website May 2006 to present

18. Memberships:

American College of Physicians-American Society of Internal Medicine
April 1976 - present
American Diabetes Association
January 2001 - present
American Medical Association
1975 - present
American Heart Association: Counsel on Atherosclerosis
1998 – present
National Osteoporosis Foundation 1998 through 2005
North American Menopause Society
1999 - present
National Lipid Association October 2003 to present
Northeast Lipid Association 2004 - present
Passaic County & NJ State Medical Society 1973- present

19. Major Research Interests:

Menopausal Health, Lipidology

20. Grant History:

None

21. Major Administrative Responsibilities

None

22. Private Practice:

Internal Medicine , Women's Health and Lipidology
Associated with Charles Macaluso, M.D.
July 1, 1975 to present

Director: North Jersey Institute of Menopausal Lipidology: devoted to educational activities regarding cardiovascular and other aspects of women's health issues as

well as consulting lipidology
January 1, 2003 - present

23. Articles:

Dayspring T. Atherothrombosis in Women. 2001 (January)
The Female Patient Primary Care Edition. January 2001.

Dayspring T. Prevention of a First Myocardial Infarction.
Journal of Clinical Pharmacology. 2001;41:1-9

Dayspring T. Atherothrombosis in Women: Effects of Estrogen Receptor
Modulation. Journal of the Bellevue Obstetrical and Gynecological Society.
2001;17:19-25. Spring 2001 Edition.

Dayspring T. Editorial: Seeing the Forest Through the Trees “Big
Trucks, Little Trucks” Menopause. 2002;9:79-81.

Dayspring T. Coronary Heart Disease in Women: Triglycerides and
Lipoprotein Biology. Journal of Gender-Specific Medicine.
2002;5:27-33.

Dayspring T. Cardiovascular Disease: A Comprehensive Primer for
Clinicians. Menopause Management. 2002;11:16-25.

Dayspring T. The National Lipid Association: Annual Scientific Sessions
Future Lipidology 2006;1:13-16

Dayspring T, Qu Wongming and Keech C. Effects of raloxifene on lipid and
lipoprotein levels in postmenopausal osteoporotic women with and without
hypertriglyceridemia. Metabolism Clinical and Experimental 2006;55:972-979

Dayspring T & Pokrywka G. Fibrate Therapy in Patients with Metabolic
Syndrome and Diabetes Mellitus. Current Atherosclerosis Reports
2006;8:356-364

Dayspring T. High Density Lipoproteins – Emerging Knowledge
Journal of the Cardiometabolic Syndrome 2007;2:59-62

Dayspring T & Pokrywka G. Menopausal Lipidology: Pharmacotherapeutic
decisions in Menopausal Women with Cardiovascular Risk
Future Lipidology 2007;2:197-210

Dayspring T. Case Studies. The Lipid Spin 2008;6 (Issue 1):10-15

Dayspring T. Case Studies The Lipid Spin 2008;6 (issue 2):10-14

Dayspring T. Case Studies. The Lipid Spin 2008;6 (Issue 3):9-13

Dayspring T and Helmbold A. You have a new job: Monitor the Lipid profile. OBG Management 2008;20:45-53.

Dayspring T. Case Studies. The Lipid Spin 2008;6 (Issue 4):7-11

Toth, P, Dayspring T, & Pokrywka G. Drug Therapy for Hypertriglyceridemia: Fibrates and Omega-3 Fatty Acids. Current Atherosclerosis Reports 2009;11:71-79

Dayspring T. Case Studies. The Lipid Spin 2009;7 (Issue 1):7-11

Dayspring T Editorial: Lipids, Lipoproteins, Images and Atherosclerosis. Menopause 2009;16 in press

24. Books:

Dayspring T. Author of Chapter 3 on Dyslipidemia
Fowler G. 20 Common Problems in Cardiology
McGraw Hill 2005

Dayspring T. Phytosterolemia: Synthesis, Absorption, Trafficking and Excretion of Cholesterol and Noncholesterol Sterols. Therapeutic Lipidology (Chapter 14). Davidson MH, Toth PP, and Maki KC. Editors 2008 Humana Press Totowa, NJ

25. Abstracts:

Dayspring T, Qu Y, Keech C. Raloxifene Improves LDL-C Levels in Postmenopausal Women with Osteoporosis with and without hypertriglyceridemia: The MORE Trial. International Symposium on Triglycerides, Metabolic Disorders and Cardiovascular Disease. New York, NY. July 10-13, 2003.

Dayspring T, Qu Y, Keech. C Raloxifene Improves Lipoprotein, Apolipoprotein and Fibrinogen Levels in Postmenopausal Osteoporotic Women with and without Hypertriglyceridemia: The MORE Trial. Poster Presentation (# 1047) at Annual Meeting of American College of Cardiology, New Orleans, LA. March 7, 2004

Peter H. Jones, Thomas Dayspring, Maureen T. Kelly, Carolyn M. Setze, Dawn M Carlson, Aditya Lele, Darryl J. Sleep. Effects of ABT-335 (Fenofibric Acid) in

Combination With Rosuvastatin on Low-Density Lipoprotein Particle Size in Patients With Mixed Dyslipidemia. *J Clin Lipidology* 2008;2:219-220

26. Reviews: None

27. CDs, Audiotapes, Radio Interviews

Dayspring T. Understanding the influence of triglycerides on lipid and lipoproteins pathobiology [CD-ROM]. Chicago, IL: ACCESS Medical Group; 2005

Dayspring T. Treatment considerations for triglyceride-rich lipoprotein pathobiology [CD-ROM]. Chicago, IL: ACCESS Medical Group; 2005

Dayspring T, Pokrywka G and Underberg J. Cardiovascular Issues in Women [Audiotape & pamphlet CME Program] ACOG Update 2006;32:1-9

Reach MD Radio: Lipid Luminations: National Lipid Association sponsored satellite radio (Sirius) CME interview:

Cardiovascular Disease in Women March 10, 2008

Cardiovascular Effects of Estrogen July 9, 2007

Menopause and Lipidology July 30, 2007

Analysis of the INTERHEART Study September 15, 2008

28. CME Publications

Complex Lipid Management Self-assessment Program Edition 6
Management of Risk for Cardiovascular Disease: Omega-3 Fatty Acids
Co-authors: Michael Davidson, L. Michael Prisant, Neil Stone
Published by Professional Evaluation, Inc. June 2006
Sponsored by Rush University Medical Center and the National Lipid Association

Complex Lipid Management Self-assessment Program Edition 8
Fibrate Therapy --- New Clinical Trial Updates
Co-authors: Michael Davidson, Michael Miller, Robert Rosenson
Published by Professional Evaluation, Inc. September 2006
Sponsored by Rush University Medical Center and the National Lipid Association

Reducing residual Cardiovascular Risk in Patients with Diabetes: The Unique Macrovascular and Microvascular Benefits of Fenofibrate. Academy for Continued Healthcare Learning April 2007

Faculty: National Lipid Association Self-Assessment Program Edition 2
August 2008

Understanding the Triglyceride/HDL Axis. Visual Issues in Medicine

Faculty Chair: Satellite CME Program at American Diabetes Association, American Academy of Family Practice and American Heart Association Annual Meetings 2008

Managing Dyslipidemia: The Triglyceride/HDL Axis. Medscape On-line CME program with slides and audio November 2008
<http://cme.medscape.com/viewarticle/582013>

Managing Mixed Dyslipidemia and residual Cardiovascular Risk: Selecting Optimal Therapy for High Risk Patients. Haymarket Medical Education CME May 2009

29. Reports:

Dayspring T. Letter to editor re Estrogen and Atherothrombosis Editorial American Journal Cardiology 2000; 86: 482-483

Dayspring T. Statistics in Medicine. InforMed Women's Health Newsletter. 2000;1:1 Issue 8, 07/19/2000.

Dayspring T. Women and HDL Cholesterol InforMed Women's Health Newsletter. 2000;1(27):1 Issue 27, 11/22/00.

Dayspring T. Analysis of ERA Trial InforMed Women's Health Newsletter. 2000;1(29);1-2 Issue 29, 12/20/2000.

Dayspring T. Estrogen and Lipoprotein Size InforMed Women's Health Newsletter. 2001;2(5);1-2. Issue 5, 3/14/2001

Dayspring T. CV Effects of Raloxifene: MORE Trial InforMed Women's Health Newsletter. 2001;2(8); 1-2. Issue 8, 4/25/2001

Dayspring T. NCEP-ATP III Guidelines. InforMed Women's Health Newsletter. 2001;2(12). Issue12, 6/22/01.

Dayspring T. Non HDL-C and Women. InforMed Women's Health Newsletter. 2001;2(16):1-2. Issue 16 8/15/01

Dayspring T. NCEP-ATP Guidelines Risk Assessment. InforMed Women's Health Newsletter. 2001;2(20);1-2. Issue 20, n10/10/2001

Dayspring T. NCEP-ATP Guidelines - Treatment. InforMed Women's Health Newsletter. 2001;2(24):1-2. Issue 24, 12/05/01

Dayspring T. Interview: OB-GYN News Vol. 39 #13 July 2004
Triglycerides do not alter raloxifene's effects

Dayspring T: OB-GYN News Supplement: Managing Symptomatic Menopausal Women with Medical Complications CME Symposium September 2004

Dayspring T: Interview in Internal Medicine News 37 #17 September 1, 2004
Triglycerides do not alter raloxifene's lipid effects

Dayspring T: NAMS First to Know Newsletter: Aspirin reduces risk of first stroke in women. May 10, 2005

Dayspring T; NAMS: First to Know Newsletter: Folic Acid and B Vitamins do not lower cardiovascular events July 22, 2008

Dayspring T: NAMS First to Know Newsletter: Low Dose oral or Nonoral EPT does not adversely affect CV risk in younger menopausal women. October 28, 2008

30. Patents Held: None